## LEARNING EXCHANGE PROTOCOL Rhythms of Joy & Justice: Creative Response to Poem Group Sculpture

Note: All protocols have multiple origins. The strength of a protocol is in the ability of facilitators or planners to adjust/revise for use in your context. <a href="http://www.nsrfharmony.org/free-resources/protocols/a-z">http://www.nsrfharmony.org/free-resources/protocols/a-z</a> is a good source of multiple protocols for school, district, community and organizational use.

In the Marge Piercy poem below, she asks us to imagine what it would be like to collectively engage in transforming our world.

- 1. Read poem aloud once, listening carefully (everyone should have a copy)
- 2. Choose a line of phrase that you like and create a movement that seems to go with the line.
- 3. Facilitator rereads poem. As your line is read, join the sculpture with your movement and connect yours to total sculpture. As you are moved, join others.
- You many want to enngage in rhythm that accompanies the poem by clapping or beat-boxing

Beatboxing (also beatbox, beat box or b-box) is a form of vocal percussion primarily involving the art of producing drum beats, rhythm, and musical sounds using one's mouth, lips, tongue, and voice. It may also involve singing, vocal imitation of turntablism, and the simulation of horns, strings, and other musical instruments.

This is one poem that works for the process; but you can choose your own

## The Low Road

What can they do to you? Whatever they want..

They can set you up, bust you, they can break your fingers, burn your brain with electricity, blur you with drugs till you can't walk, can't remember. they can take away your children, wall up your lover; they can do anything you can't stop them doing.

How can you stop them?
Alone you can fight, you can refuse.
You can take whatever revenge you can
But they roll right over you.
But two people fighting back to back
can cut through a mob
a snake-dancing fire
can break a cordon,
termites can bring down a mansion

Two people can keep each other sane can give support, conviction, love, massage, hope, sex.

Three people are a delegation a cell, a wedge.
With four you can play games and start a collective.
With six you can rent a whole house have pie for dinner with no seconds and make your own music.

Thirteen makes a circle, a hundred fill a hall.
A thousand have solidarity and your own newsletter; ten thousand community and your own papers; a hundred thousand, a network of communities; a million our own world.

It goes one at a time.
It starts when you care to act.
It starts when you do it again after they say no.
It starts when you say we and know who you mean; and each day you mean one more.
Marge Piercy