

Youth Name: _____

- 1) Weekly goals help you reach the long-term and short-term goals you set in your Individualized Mentoring Plan (IMP).
- 2) When setting weekly goals, look for ideas in these sections of your IMP: "Short-Term Goals," "Areas for Growth," and "I Will Do." Write your goal in the "My Weekly Goal" box below.
- 3) Write the date you set your goal in the "Date Set" box. In the "IMP Area" box, circle the area your goal is related to (*Learning, Connecting, Thriving, Working, Leading, Focus Area*).
- 4) When you meet your goal, write how you did it in the "How I Met My Goal" box. You can also have a teacher, mentor, family member, or friend sign to show you met your goal.

| Date Set | My Weekly Goal | IMP Area | How I Met My Goal | Date Met |
|-----------|--|---|--|-----------|
| 1/11/2016 | Research employers in my area where I could work with animals. | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <u><i>Working</i></u> <i>Leading</i> <i>Focus Area</i> | I interviewed a vet tech from a local animal shelter about her job. Signature: <i>Chris Heartsanimals</i> | 1/15/2016 |
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Focus Area</i> | Signature: _____ | |
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Focus Area</i> | Signature: _____ | |
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Focus Area</i> | Signature: _____ | |
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Focus Area</i> | Signature: _____ | |
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Focus Area</i> | Signature: _____ | |

| Date Set | My Weekly Goal | IMP Area | How I Met My Goal | Date Met |
|----------|----------------|--|-------------------|----------|
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Disability</i> | | |
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Disability</i> | | |
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Disability</i> | | |
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Disability</i> | | |
| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Disability</i> | | |
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| | | <i>Learning</i> <i>Connecting</i> <i>Thriving</i> <i>Working</i> <i>Leading</i> <i>Disability</i> | | |